

The Update



April 2023

S.M.A.R.T. Program Managing Life with Epilepsy: An 8-Week Virtual Course

Are you an adult living with epilepsy or do you know someone who is? Would you like to learn some strategies to help improve your quality of life? Epilepsy Alliance Ohio is holding a virtual 8-week, one hour per week, class for adults with epilepsy focused on practical strategies for managing both physical and emotional well-being.

Each week, the group leaders highlight different topics in wellness for epilepsy. Participants have an opportunity to share their experiences living with epilepsy and learn from each other. Groups will be limited to 10 participants. Participation is free of charge. Sessions are held every Tuesday beginning April 4, 2023 to May 23, 2023.

First Session Begins: Tuesday, April 4, 2023

Last Session: Tuesday, May 23, 2023

Time: 4:30 pm—5:30 pm

To enroll in this session, please contact Karen Brown at 614-725-1031 or kbrown@epilepsy-ohio.org

Thank you to all who came out in support of Emerald Miles 2023!! Click [here](#) for more pics



LAST CALL FOR TAYLOR HUTH MEMORIAL SCHOLARSHIP APPLICATIONS!! MUST BE POSTMARKED BY MARCH 31, 2023.

Thank You!!

We would like to extend our warmest thanks to the following foundations for their generous support by awarding Epilepsy Alliance Ohio grants for our many services. Thanks to their generosity we are able to continue to serve those with epilepsy and their families. The 2022 Grants that were received and the programs to which they were designated include:

Cincinnati:

- The Wohlgemuth Herschede Foundation - Counseling--\$5,000
- Greater Cincinnati Foundation Summertime Kids - Camp--\$1,000
- PhRMA - Advocacy--\$3,000
- The Daniel & Susan Pfau Foundation - Counseling--\$20,000
- Cincinnati Children's Hospital Medical Center - Camp--\$1,500
- Marge & Charles J. Schott Foundation - Counseling--\$10,000
- Charles H. Dater Foundation - Counseling--\$20,000
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Columbus:

- The Harry C. Moores Foundation - Counseling--\$10,000
- Anonymous Private Foundation - Counseling--\$15,000
- The Columbus Foundation, anonymous fund--\$2,500
- The Columbus Fund--\$625

Save the Dates

June 23 - Taylor Huth Golf
July 19-23 - Camp Dream Catcher
July 29 - Sand Volleyball
September 2 - Frog Legs 5K Run/Walk
September 29 - October 1 - Camp Dream Catcher
November 4 - Living with Epilepsy Conference

Mission Statement:

Epilepsy Alliance Ohio is dedicated to supporting those in our communities impacted by epilepsy by confronting the spectrum of challenges created by seizures.

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