

Art Therapy - 2022

Epilepsy Alliance Ohio is proud to offer a Virtual Art Therapy program to adults with epilepsy. This unique program allows participants the opportunity to explore their creativity as a means to express themselves in an open, accepting and safe group setting. Art is a natural way to communicate, relieve tension and express emotions.

Participants will work with Ashley Skelly, LPCC-S, ATR a local licensed art therapist, using a variety of artistic media to open up about their individual experiences in epilepsy through visual expression.

Epilepsy Alliance Ohio will host three (3) Virtual Art Therapy sessions. The sessions will be held on:

- ◆ March 12th, 10:00 am to Noon
- ◆ April 30th, 10:00am to Noon
- ◆ May 7th, 10 am to Noon

They will be held on Zoom and the art therapist will guide participants through various activities and discussions.

Call today to register, as participation is limited to 10.

For more information and to register contact Karen Brown at kbrown@epilepsy-ohio.org or 614-725-1031.

Epilepsy Alliance Ohio offers Art Therapy 2022 free to those living with epilepsy.

