

- All seminars are from 9:00 am-12:15pm Continental Breakfast and Registration starting at 8:30 a.m.
- All seminars are worth 3 Continuing Education Units (CEUs)
- All seminars are held at the Residence Inn by Marriott-Rookwood.

**NEW LOCATION**

**(Across the street from previous location)**

Residence Inn by Marriott-Rookwood  
3815 Edwards Road. Cincinnati, Ohio 45209

(Free Valet Parking )

**COVID-19 Information**

We will adjust as new COVID updates become available.

*-We will take all necessary precautions to ensure everyone's safety.*

*-Social Distancing will be in place. (6ft apart)*

*-Hand sanitizer and disposable masks will be available.*

**Continuing Education Credit Available:**

- **Social Workers:** All seminars are approved for 3 CEU's; Provider #RCSO31702
- **Counselors:** All seminars are approved for 3 CEU's; Provider #RCSO31702
- **Nursing Home Administrators:** 3 CEU's pending approval, application has been sent.
- **Nurses:** A continuing education activity that has been approved by other licensing boards will be accepted by the Ohio Board of Nursing for all nurses in the State of Ohio. You may use this continuing education to meet your licensure requirement.
- **Ohio Department of Developmental Disabilities:** 3 CEU's pending approval, application has been sent.

**“Re-energizing the In-Office and Remote Invisible Employees  
Thursday, June 24th, 2021**

**Speaker:** *Steve Hutton, Ed.D, Director of Community Education, Epilepsy Alliance Ohio*

**About the Seminar:** To ensure the viability of your organization during these turbulent economic times, it is imperative that every employee in the organization performs at a high level. Inside every organization are those employees who show up to work everyday and do just enough to justify their existence within the organization. These employees are commonly referred to as "invisible employees". Every organization has them. In order to grow and prosper, every organization needs a plan of action and strategies to counsel and guide their "invisible employees" into a high performing individual that adds value to the organization. By attending this session, participants will learn strategies to re-energize their clients, staff, remote staff and even themselves.

**“Traumatic Stress and Substance Use”  
Thursday, July 29th, 2021**

**Speaker:** *Chris J. Tuell, EdD, LPCC-S, LICDC; Lindner Center of Hope, Clinical Director of Addiction Services, Assistant Professor, Department of Psychiatry & Behavioral Neuroscience University of Cincinnati College of Medicine*

**About the Seminar:** Research indicates that 46.4% of individuals with lifetime PTSD, also met criteria for Substance Use Disorder. In fact, 84% of individuals with a substance-use disorder have a co-occurring psychiatric disorder. This presentation will address the growing body of knowledge of this co-occurring relationship and the role that mental illness, specifically PTSD, and addiction have with one another.

**“Domestic Violence: Understanding Its Impact”  
Thursday, August 26th, 2021**

**Speaker:** *Sandy Morgenthal MED, LPCC, CCFC, RN, Professional Clinical Counselor.*

**About the Seminar:** The impact of domestic violence on the physical and mental health of clients is so significant, it needs to be studied and understood by clinicians and others at all levels of interaction. Whether working with children, adults, the elderly, drug and alcohol abusers, or clients experiencing health or legal issues, the brunt of domestic violence may be behind many of the presenting problems. This workshop will address the aftermath of aggression and violent behavior from people known intimately by the victim. Statistics and other known facts will be presented as well as information on accessing resources. The course will also present information on strategies for helping clients stay safe.

**“Practical Approaches to Solving Ethical Dilemmas”  
Thursday, September 23rd, 2021**

**\* Co-Sponsored Event**

**Speaker:** *Dr. Rochelle Dunn, PhD, PCC-S Senior Lecturer, Counselor Education, Department of Educational Studies, the Ohio State University.*

**About the Seminar:** This interactive session will involve a review of the codes of ethics and the moral principles involved in ethical decision making. Ethical cases will be discussed. An ethical decision-making model will be presented and a documentation process will be discussed and practiced. Participants will leave this seminar with a better understanding and working knowledge of ethical decision making.

**\*Satisfies Ethics Requirement\***

**“The Impact of Social Media on Mental Health”  
Thursday, October 28th, 2021**

**Speaker:** *Jen Milau, APRN, PMHNP-BC Psychiatric Nurse Practitioner, Lindner Center of HOPE.*

**About the Seminar:** The advent of social media has changed the way we connect with one another. In some ways, these programs have offered an opportunity to locate and reconnect with lost friends or family members—a phenomenon that was not even fathomable until recent decades. However, this near-immediate accessibility of information, coupled with the rapid growth of social media sources, has not been accompanied by a “user guide” for appropriate and healthy incorporation into our daily lives. Instead, the technology has been thrust upon us as a society, and we have been left with the task of “figuring it out as we go.” In this seminar, we will discuss the breadth of the impact of social media on mental health and wellness, and will identify ways that we, as healthcare professionals, can provide support and guidance to the patients and families we see in our practice.

**“Helping Your Clients Climb the Anger Mountain”  
Thursday, November 18th, 2021**

**Speaker:** *Steve Hutton, Ed.D, Director of Community Education, Epilepsy Alliance Ohio*

**About the Seminar:** It is well known the only behavior we can control is our own behavior. Some of your clients do not yet possess the skills to control their anger. This seminar will help your clients acquire the skills necessary to de-escalate their own anger so that they can successfully climb the anger mountain. The anger mountain concept will be discussed. Participants will discover how to help your clients learn how to manage and de-escalate their behavior. During the session, participants will learn how to identify the 7 phases of the anger mountain, learn the characteristics of each phase of the anger mountain, and learn practical strategies and techniques to help their clients learn to manage their behavior.

**“Managing the Stress of Change”  
Thursday, December 9th, 2021**

**Speaker:** *Kriss Haren, MA, MS, MINT Member, Registered Health Coach-III, collaborative Communication Consulting & Training Services Tipp City, Ohio*

**About the Seminar:** Clients that are considering behavior change are facing challenges in decision-making that are often unrecognized by helping professionals. This seminar will cover types of stress, influences on behavior change, and road blocks of communication that hinder the change process. It will also help professionals identify components of behavior change and practice skills for facilitating the change process based on up-to-date information in behavior change research.

### Cancellation and Payment

Cancellation must occur at least 3 days before a workshop to receive a full refund. After that, if you are unable to attend, you will receive a credit good for a future workshop within the next seminar series, as long as you call by the same day as the seminar. In the event that a workshop is cancelled by the Epilepsy Alliance, you will receive a full refund or credit for a future workshop, whichever you desire. Payment is due prior to each seminar. Certificates will not be given until full payment is received.

### Fees

Registration fee includes education, CEU certificate, continental breakfast and all program materials. All seminars are \$60.00 and qualify for 3 CEUs. If you register and pay for 3 seminars by 7/26/21 you receive a \$30.00 discount. (\$150/3). If you register and pay for 6 seminars by 7/26/21, you receive a \$80.00 discount. (\$280/6).

**Registration Deadlines: You can register by mail, telephone (513-721-2905) or you can now register online: <https://runsignup.com/Race/OH/Cincinnati/EpilepsyAllianceOhioSeminarSeries>**

- \* **Deadline for mail in registration is one week before the seminar.**
- \* **Deadline for phone or on-line registration is noon the Monday before the seminar.**

Mail this portion in with your payment:

\_\_\_\_\_ Re-Energizing the In-Office and Remote ... 6/24/21  
\_\_\_\_\_ Traumatic Stress and Substance Abuse 7/29/21  
\_\_\_\_\_ Domestic Violence: Understanding Its Impact 8/26/21  
\_\_\_\_\_ Practical Approaches to Solving Ethical Dilemmas... 8/23/21  
\_\_\_\_\_ The Impact of Social Media on Mental Health 10/28/21  
\_\_\_\_\_ Helping Your Clients Climb the Anger Mountain 11/18/21  
\_\_\_\_\_ Managing the Stress of Change 12/9/21

**Total Due:** \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail address: \_\_\_\_\_

Professional License Number: \_\_\_\_\_

**Make check payable & mail to:**

**Epilepsy Alliance Ohio  
895 Central Ave., Suite 550  
Cincinnati, OH 45202**

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895 Central Avenue, Suite 550  
Cincinnati, OH 45202

## Epilepsy Alliance Ohio Co-Sponsored Seminars Series:

**“ Re-Energizing the In-Office and Remote Invisible Employees”**

*Thursday, June 24, 2021*

**“Traumatic Stress and Substance Use: A Complex Relationship ”**

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