

- All seminars are from 9:00 am-12:15pm
- Continental Breakfast and Registration from 8:30-9:00 am
- All seminars are worth 3 Continuing Education Units (CEUs)
- All seminars are held at the Interact for Health (formerly Health Foundation of Greater Cincinnati Conference Center in the Rookwood Tower)

**3805 Edwards Road, Suite 500 (5th Floor)  
Cincinnati, OH 45209**

**Directions:**

From I-71 North:

Take I-71 North to Exit 6 (State Route 561/Smith Road/Edwards Road). Take a right at the end of the ramp. The garage entrance for Rookwood Tower is on the right, after J. Alexander's and the entrance to Rookwood Commons.

From I-71 South:

Take I-71 South to Exit 6 (State Route 561/Smith Road/Edwards Road). Turn right at the end of the ramp. Take the first left onto Smith Road (this will become Edmondson Road just before the overpass). The garage entrance for Rookwood Tower is on the right, after J. Alexander's and the entrance to Rookwood Commons.

From I-75 North or I-75 South:

Take State Route 562 East via Exit 7 towards Norwood. Merge onto I-71 South, then follow above directions from I-71 South.

**Continuing Education Credit Available:**

- **Social Workers:** All seminars are approved for 3 CEU's; Provider #RCSO31702
- **Counselors:** All seminars are approved for 3 CEU's; Provider #RCSO31702
- **Nurses:** A continuing education activity that has been approved by other licensing boards will be accepted by the Ohio Board of Nursing for all nurses in the State of Ohio. You may use this continuing education to meet your licensure requirement.
- **Teachers:** You must take the seminar to your Local Professional Development Committee (LPDC) for credit approval.
- **Ohio Department of Developmental Disabilities:** Pending approval, application has been sent.

**“Methods and Models in Practice: A Creative Approach”  
January 25th, 2018**

**Speaker:** *Sandy Morgenthal MED, LPCC, CCFC, RN, professional clinical counselor.*

**About the Seminar:** Sometimes a creative approach is helpful when getting clients to express their deepest feelings, issues and concerns. It is also very valuable to enlist new ways of getting to the bottom of what is disturbing employees. It is very useful to have a set of innovative ideas with proven good outcomes to fall back on when people get stuck or talking it out doesn't seem to be moving the person along in their personal way. This workshop will present ways of getting to strong emotionally charged issues using methods that are creative and useful to counselors, social workers, marriage and family therapists, nurses, employers and managers.

**“Behavioral Addictions: Understanding Gambling, Pornography, Compulsive Shopping, and Gaming Addictions”  
February 22nd, 2018**

**Speaker:** *Chris J. Tuell, EdD, LPCC-S, LICDC; Lindner Center of Hope, Clinical Director of Addiction Services Assistant Professor, Department of Psychiatry & Behavioral Neuroscience University of Cincinnati College of Medicine*

**About the Seminar:** Behavioral addiction, much like substance addictions, is the habitual drive to continue an action even to the detriment of health and happiness. Individuals with behavioral addictions continue to repeat actions that are harmful to their bodies or to the happiness of those around them, often losing relationships, employment, and their overall health in the process. The presentation will discuss the role of the addictive brain, and how the Internet contributes to the development of behavioral addictions. The current assessment and treatment strategies will be discussed, as well as a review of behavioral addiction research. Case studies will be presented with recent innovations in areas of assessment and treatment.

**“Motivational Interviewing: A Catalyst for Behavior Change”  
March 29th, 2018**

**Speaker:** *Kriss T. Haren MA, MS, MINT member, Registered Health Coach-III Collaborative Communication Consulting & Training Services Tipp City, OH*

**About the Seminar:** Motivational Interviewing is a client-centered, collaborative conversation style that has been shown to be effective in assisting people to resolve ambivalence about behavior change. The focus is on guiding the person to strengthen their own motivation and commitment to change, or their internal motivation, rather than relying on what others believe *should* motivate them. It can be effective in both short and long conversations, and in an ongoing process or as a one-time event. This overview will provide exposure to the key components and definitions of this beneficial concept.

**“Practical Approaches to Solving Ethical Dilemmas”  
April 26th, 2018**

**Speaker:** *Dr. Rochelle Dunn, PhD, PCC-S. Senior Lecturer, Counselor Education, Department of Educational Studies, the Ohio State University.*

**About the Seminar:** This interactive session will involve a review of the codes of ethics and the moral principles involved in ethical decision making. Ethical cases will be discussed. An ethical decision-making model will be presented and a documentation process will be discussed and practiced. Participants will leave this seminar with a better understanding and working knowledge of ethical decision making.

**“Utilizing Cognitive Behavioral Therapy (CBT) to Help Clients Improve Symptom Management”  
May 31st, 2018**

**Speaker:** *Maggie Anderson, LPCC, CDCA. Owner, Empowering Counseling and Therapy, LLC.*

**About the Seminar:** The seminar will explore the basic theoretical background of Cognitive Behavioral Therapy by exploring how persistent thoughts influence one's life experiences and emotions. By explaining how to utilize certain tools with clients, the seminar will explore the practical use of CBT in session to help with actual clients and case scenarios. We will look deeper into the power of certain cognitions that ultimately have become “underlying assumptions” and have a powerful presence over clients' lives. By discussing and digging into client

**“Understanding Ambivalence in the Clinical Setting”  
June 28th, 2018**

**Speaker:** *Kriss T. Haren MA, MS, MINT member, Registered Health Coach-III Collaborative Communication Consulting & Training Services Tipp City, OH*

**About the Seminar:** Change is usually something that people try to avoid, and yet it is a constant in life. Helping professionals are often tasked with assisting clients with behavior change; one of the main barriers to successful change is the normal human reaction to change, ambivalence. This interactive session is designed to introduce the concept of ambivalence as a normal reaction to change, and provide communication skills that are useful in working through ambivalence in a clinical setting.

### Cancellation and Payment

Cancellation must occur at least 3 days before a workshop to receive a full refund. After that, if you are unable to attend, you will receive a credit good for a future workshop within the next seminar series, as long as you call by the same day as the seminar. In the event that a workshop is cancelled by the Epilepsy Foundation, you will receive a full refund or credit for a future workshop, whichever you desire. Payment is due prior to each seminar. Certificates will not be given until full payment is received.

### Fees

Registration fee includes education, CEU certificate, continental breakfast and all program materials. All seminars are \$55.00 and qualify for 3 CEUs. If you register and pay for 3 seminars by 1/18/18, you receive a 21% discount. (\$130/3). If you register and pay for 6 seminars by 1/18/18, you receive a 30% discount. (\$230/6).

**Registration Deadlines:** Please register at least 1 week before a seminar!  
I would like to attend:

- \_\_\_\_\_ Methods and Models in Practice: 1/25/18 (Register by 1/18)
- \_\_\_\_\_ Behavioral Addictions: Understanding... on 2/22/18(Register by 2/15)
- \_\_\_\_\_ Motivational Interviewing. . . on 3/29/18 (Register by 3/22)
- \_\_\_\_\_ Practical Approaches to Solving Ethical. . . on 4/26/18 (Register by 4/19)
- \_\_\_\_\_ Utilizing Cognitive Behavioral Therapy...on 5/31/18(Register by 5/24)
- \_\_\_\_\_ Understanding Ambivalence in the Clinical...6/28/18 (Register by 6/21)

Mail this portion in with your payment:

- \_\_\_\_\_ Methods and Models in Practice: on 1/25/18
- \_\_\_\_\_ Behavioral Addictions: Understanding...on 2/22/18
- \_\_\_\_\_ Motivational Interviewing. . . on 3/29/18
- \_\_\_\_\_ Practical Approaches to Solving Ethical. . . on 4/26/18
- \_\_\_\_\_ Utilizing Cognitive Behavioral Therapy . . on 5/31/18
- \_\_\_\_\_ Understanding Ambivalence in the Clinical...on 6/28/18

**Total Due:** \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail address: \_\_\_\_\_

Professional License Number: \_\_\_\_\_

**Make check payable & mail to:**

**Epilepsy Foundation of Greater Cincinnati and Columbus**  
**895 Central Ave., Suite 550**  
**Cincinnati, OH 45202**  
**513-721-2905**

Epilepsy Foundation of Greater Cincinnati and Columbus  
895 Central Avenue, Suite 550  
Cincinnati, OH 45202

## The Epilepsy Foundation of Greater Cincinnati and Columbus Seminars:

"Methods and Models in Practice: A Creative Approach"

January 25th, 2018

"Behavioral Addictions: Understanding Gambling, Pornography, Compulsive Shopping, and Gaming Addictions"

February 22nd, 2018

"Motivational Interviewing: A Catalyst for Behavior Change"

March 29th, 2018

"Practical Approaches to Solving Ethical Dilemmas"

April 26th, 2018

"Utilizing Cognitive Behavioral Therapy (CBT) to Help Clients Improve Symptom Management"

May 31st, 2018

"Understanding Ambivalence in the Clinical Setting"

June 28th, 2018

Seminar Location:

Interact for Health, 5th Floor.  
(in the Rookwood Tower)

For directions: [www.healthfoundation.org](http://www.healthfoundation.org)

\*Please note: In the event of inclement weather, please be aware that The Interact for Health Conference Center is subject to closure. Please call the announcement line (513) 458-6627 the morning of the event if the weather and road conditions are questionable.