

- All seminars are from 9:00 am-12:15pm Continental Breakfast and Registration from 8:30-9:00 am
- All seminars are worth 3 Continuing Education Units (CEUs)
- All seminars are held at the Interact for Health (formerly Health Foundation of Greater Cincinnati Conference Center in the Rookwood Tower)

**3805 Edwards Road, Suite 500 (5th Floor)  
Cincinnati, OH 45209**

**Directions:**

From I-71 North:

Take I-71 North to Exit 6 (State Route 561/Smith Road/Edwards Road).

Take a right at the end of the ramp. The garage entrance for Rookwood Tower is on the right, on Edwards.

From I-71 South:

Take I-71 South to Exit 6 (State Route 561/Smith Road/Edwards Road).

Turn right at the end of the ramp. Take the first left onto Smith Road (this will become Edmondson Road just before the overpass). The garage entrance for Rookwood Tower is on the right, after J. Alexander's and the entrance to Rookwood Commons.

From I-75 North or I-75 South:

Take State Route 562 East via Exit 7 towards Norwood. Merge onto I-71 South, then follow above directions from I-71 South.

**Continuing Education Credit Available:**

- **Social Workers:** All seminars are approved for 3 CEU's; Provider #RCSO31702
- **Counselors:** All seminars are approved for 3 CEU's; Provider #RCSO31702
- **Nursing Home Administrators:** 3 CEUs pending approval, application has been sent.
- **Nurses:** A continuing education activity that has been approved by other licensing boards will be accepted by the Ohio Board of Nursing for all nurses in the State of Ohio. You may use this continuing education to meet your licensure requirement.
- **Teachers:** You must take the seminar to your Local Professional Development Committee (LPDC) for credit approval.
- **Ohio Department of Developmental Disabilities:** Pending approval, application has been sent.

**“Working with Baby Boomers through Millennials...Counseling the "Next Generation".”**

**Thursday, January 30th, 2020**

**Speaker:** *Steve Hutton, Ed.D, Director of Community Education Epilepsy Alliance Ohio*

**About the Seminar:** Have you ever wondered why your clients behave the way they do? In this seminar we will explore the characteristics of the four generations that make up today's society. Additionally, we will examine what motivates each generation. We will explore the historical events that shaped each generation's behavior. We will also discuss how understanding the behavioral characteristics in each generation could help the client/counselor relationship and subsequently aid in making better counseling outcomes. Finally, we will delve into the characteristics of Generation Z, the "New Generation". Participants will leave this seminar with a better understanding of the various generational traits.

**“Internet Use Disorders”**

**Thursday, February 27th, 2020**

**Speaker:** *Chris J. Tuell, EdD, LPCC-S, LICDC; Lindner Center of Hope, Clinical Director of Addiction Services, Assistant Professor, Department of Psychiatry & Behavioral Neuroscience University of Cincinnati College of Medicine*

**About the Seminar:** Internet Use Disorder, like substance use disorders, involve behaviors, which become compulsive, out of control, and are continued despite the negative consequences. Internet Use Disorder, much like substance addictions, is the habitual drive to continue an action even to the detriment of health and happiness. Individuals with Internet Use Disorder continue to repeat actions that are harmful to them and to the happiness of those around them, often losing relationships, impacting school, employment and overall health and wellness in the process.

**“Domestic Violence: Understanding Its Impact”**

**Thursday, March 26th, 2020**

**Speaker:** *Sandy Morgenthal MED, LPCC, CCFC, RN, Professional Clinical Counselor.*

**About the Seminar:** The impact of domestic violence on the physical and mental health of clients is so significant, it needs to be studied and understood by clinicians and others at all levels of interaction. Whether working with children, adults, the elderly, drug and alcohol abusers, or clients experiencing health or legal issues, the brunt of domestic violence may be behind many of the presenting problems. This workshop will address the aftermath of aggression and violent behavior from people known intimately by the victim. Statistics and other known facts will be presented as well as information on accessing resources. The course will also present information on strategies for helping clients stay safe.

**“Practical Approaches to Solving Ethical Dilemmas”**

**Thursday, April 30th, 2020**

**Speaker:** *Dr. Rochelle Dunn, PhD, PCC-S, Senior Lecturer, Counselor Education, Department of Educational Studies, the Ohio State University*

**About the Seminar:** This interactive session will involve a review of the codes of ethics and the moral principles involved in ethical decision making. Ethical cases will be discussed. An ethical decision-making model will be presented and a documentation process will be discussed and practiced. Participants will leave this seminar with a better understanding and working knowledge of ethical decision making.

*\*Satisfies Ethics Requirement\**

**“Treatment Resistant Depression and Mood Disorders”**

**Thursday, May 28th, 2020**

**Speaker:** *Nelson F. Rodriguez, MD, FAPA Lindner Center of HOPE, Staff Psychiatrist*

**About the Seminar:** Mood disorders are among the most common mental illness presented to clinicians. Differentiating between unipolar or bipolar depression could be challenging, especially in the presence of comorbid mental illness or substance use. Treatment options are varied and complex at times. And about 20 percent of patients do not adequately respond or achieve remission and become treatment resistant. Difficult to treat mood disorder and treatment resistance could prolong patient suffering, frustration among providers, and increase risk for suicide. This seminar aims to shed light on the complexity of the diagnosis, differential diagnosis, risk factors and treatment options available for treatment resistant depression.

**“Integrative Mental Health”**

**Thursday, June 25th, 2020**

**Speakers:** *Amanda Porter, MSN, APRN, FNP-C, PMHNP-BC, CARN-AP Lindner Center of HOPE, Psychiatric Nurse Practitioner, Outpatient Services, Integrative Mental Health Practitioner*

**About the Seminar:** The most widely accepted etiology of mental illness is the neurotransmitter theory. However, with only about 50% of patients responding to traditional psychiatric medications, an integrative approach to mental health treatment is increasingly becoming more desirable and effective. Learn about other etiologies of mental health illnesses, as well as complementary and alternative treatment options.

### Cancellation and Payment

Cancellation must occur at least 3 days before a workshop to receive a full refund. After that, if you are unable to attend, you will receive a credit good for a future workshop within the next seminar series, as long as you call by the same day as the seminar. In the event that a workshop is cancelled by the Epilepsy Foundation, you will receive a full refund or credit for a future workshop, whichever you desire. Payment is due prior to each seminar. Certificates will not be given until full payment is received.

### Fees

Registration fee includes education, CEU certificate, continental breakfast and all program materials. All seminars are \$60.00 and qualify for 3 CEUs. If you register and pay for 3 seminars by 1/24/20 you receive a \$30.00 discount. (\$150/3). If you register and pay for 6 seminars by 1/24/20, you receive a \$80.00 discount. (\$280/6).

**Registration Deadlines: Please register at least 1 week before a seminar!**  
**You can register by mail, telephone (513-721-2905) or you can now register online: <https://runsignup.com/Race/OH/Cincinnati/EpilepsyAllianceOhioSeminarSeries>**

Mail this portion in with your payment:

- \_\_\_\_\_ Working with Baby Boomers... 1/30/20
- \_\_\_\_\_ Internet Use Disorders and Children 2/27/20
- \_\_\_\_\_ Domestic Violence: Understanding Its Impact 03/26/20
- \_\_\_\_\_ Practical Approaches to Solving Ethical Dilemmas 4/30/20
- \_\_\_\_\_ Treatment Resistant Depression and Mood ...5/28/20
- \_\_\_\_\_ Integrative Mental Health 6/25/20

**Total Due:** \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail address: \_\_\_\_\_

Professional License Number: \_\_\_\_\_

**Make check payable & mail to:**

**Epilepsy Alliance Ohio  
895 Central Ave., Suite 550  
Cincinnati, OH 45202  
513-721-2905**

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895 Central Avenue, Suite 550  
Cincinnati, OH 45202

## The Epilepsy Alliance Ohio Co-Sponsored Seminars Series:

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**“Integrative Mental Health”**

*Thursday, June 25th, 2020*

Seminar Location:

Interact for Health, 5th Floor.  
(in the Rookwood Tower)

For directions: [www.healthfoundation.org](http://www.healthfoundation.org)

\*Please note: In the event of inclement weather, please be aware that The Interact for Health Conference Center is subject to closure. Please call the announcement line (513) 458-6627 the morning of the event if the weather and road conditions are questionable.

