

- All seminars are from 9:00 am-12:30 pm
- Continental Breakfast and Registration from 8:30-9:00 am
- All seminars are worth 3 Continuing Education Units (CEUs)
- All seminars are held at the Health Foundation of Greater Cincinnati Conference Center (in the Rookwood Tower)

3805 Edwards Road, Suite 500 (5th Floor)

Cincinnati, OH 45209

Directions:

From I-71 North:

Take I-71 North to Exit 6 (State Route 561/Smith Road/Edwards Road).

Take a right at the end of the ramp. The garage entrance for Rookwood Tower is on the right, after J. Alexander's and the entrance to Rookwood Commons.

From I-71 South:

Take I-71 South to Exit 6 (State Route 561/Smith Road/Edwards Road).

Turn right at the end of the ramp. Take the first left onto Smith Road (this will become Edmondson Road just before the overpass). The garage entrance for Rookwood Tower is on the right, after J. Alexander's and the entrance to Rookwood Commons.

From I-75 North or I-75 South:

Take State Route 562 East via Exit 7 towards Norwood. Merge onto I-71 South, then follow above directions from I-71 South.

Continuing Education Credit Available:

Social Workers: Approved for 3 CEUs; Provider #RCS059702.

Counselors: Approved for 3 CEUs; Provider #RCS059702.

Nurses: A continuing education activity that has been approved by other licensing boards will be accepted by the Ohio Board of Nursing for all nurses in the State of Ohio. You may use this continuing education to meet your licensure requirement.

Nursing Home Administrators: 3 CEUs pending approval (We are a limited provider.) Application has been sent to BENHA.

Teachers: You must take the seminar to your Local Professional Development Committee (LPDC) for credit approval.

Ohio Department of Developmental Disabilities: 3 CPDUs pending approval. Application has been sent.

“Grief is Hard Work”

Thursday, July 25, 2013

Speaker: Katharine M. Teipen, MEd, LPC: Counselor, Cancer Family Care

About the seminar: This presentation will focus on coping with grief experienced after the death of a loved one. Material will be presented on the topics listed in the objectives for this seminar. The opportunity for significant interaction will be given with the focus on practical information for both professional helpers and grieving persons, including helpful resources and suggestions on what to say and do when interacting with grieving persons. Laughing as well as crying is helpful for coping with grief, so we will probably laugh at this seminar.

“Making a Difference: The Art of Community Connecting”

Thursday, August 29, 2013

Speaker: Scott Osterfeld, MA: Community Outreach Coordinator, Butler County Board of Developmental Disabilities

About the seminar: What is community connecting and why is it important for a client with any disability as well as for all of us in making a difference? Participants will be introduced to the principles and processes of community connecting. A value-based philosophy will be discussed as well as practical strategies to support individuals with disabilities and other challenges in developing connections and becoming a more valued part of their community. The seminar will define the concept of a “Social Guide” and provide strategies for supporting others in their goals to connect with their communities.

“Anger Management: Prevention of Bitterness and Rage”

Thursday, September 19, 2013

Speaker: Sandy Morgenthal, MEd, PCC, CCFC: Clinical Counselor, the Professional Pastoral Counseling Institute

About the seminar: Anger management was a hot topic in the nineties and many approaches to helping people with this problem were promoted and taught with little to no change overall. The ideas set out in this workshop are designed for helping clients with the prevention of bitterness and rage. Participants will leave this seminar with important information about anger control and how to truly help clients make progress in this area of their life.

“Utilizing Cognitive Behavioral Therapy (CBT) to Help Clients Improve Symptom Management”

Wednesday, October 23, 2013

Speaker: Maggie Hallam, LPCC, CDCA: Clinical Counselor, the Welling Group, LLC

About the seminar: This seminar will explore the basic theoretical background of Cognitive Behavioral Therapy by exploring how persistent thoughts influence one’s life experiences and emotions. By explaining how to utilize certain tools with clients, the seminar will explore the practical use of CBT in session to help with actual clients and case scenarios. We will look deeper into the power of certain cognitions that ultimately have become “underlying assumptions” and have a powerful presence over clients’ lives. By discussing and digging into client cases, we will determine the types of clients with which CBT can be most beneficial. Participants will leave this seminar with a better understanding of Cognitive Behavioral Therapy.

“Cognitive Behavioral Therapy Applications to Diverse Problems (Alcohol and Drug Abuse, Insomnia, Depression)”

Thursday, November 21, 2013

Speaker: James Esmail, PsyD: Clinical Psychologist, Summit Behavioral Healthcare

About the seminar: This seminar will help the participant to understand how to apply the basics of Cognitive Behavioral Therapy (CBT) to a diverse, but often co-morbid set of conditions. The conditions of alcohol/drug abuse, insomnia and depression will be discussed and how CBT can show significant treatment results. The participant will gain an appreciation of CBT in these areas as an evidence-based treatment, and how CBT compares in effectiveness to other treatments (Treatment As Usual). The participant will explore specific interventions and treatment strategies for these diverse disorders. Participants will leave this seminar with a better understanding of these three diverse disorders and how CBT can help.

“Understanding Anxiety Disorders”

Wednesday, December 11, 2013

Speaker: Anna Stark, LCSW, MSW: Therapist and Co-Director; the Child and Family Division of LifePoint Solutions

About the seminar: This course is designed to assist therapists in understanding anxiety disorders in adults. We will discuss diagnosis, average age of onset, prevalence and treatments found to be successful. By attending this seminar, participants will be able to define and differentiate between Obsessive Compulsive Disorder, Post-Traumatic Stress Disorder, Generalized Anxiety Disorder, Panic Disorder and Social Phobia. Medications to treat anxiety will be discussed. Participants will leave with a better understanding of anxiety and new ways to treat their clients.

Cancellation and Payment

Cancellation must occur at least 3 days before a workshop to receive a full refund. After that, if you are unable to attend, you will receive a credit good for a future workshop within the next seminar series, as long as you call by the same day as the seminar. In the event that a workshop is cancelled by the Epilepsy Foundation, you will receive a full refund or credit for a future workshop, whichever you desire. Payment is due prior to each seminar. Certificates will not be given until full payment is received.

Fees

Registration fee includes education, CEU certificate, continental breakfast and all program materials. All seminars are \$50.00 and qualify for 3 CEUs. If you register and pay for 3 seminars by 7/18/13 you receive a 20% discount. (\$120/3). If you register and pay for 6 seminars by 7/18/13 you receive a 30% discount. (\$210/6).

Registration Deadlines: Please register at least 1 week before a seminar!

Registration Form:

Registration Form:	Register by:
Grief is Hard Work	7/18/13
Making a Difference: The Art of Community Connecting	8/22/13
Anger Management: Prevention of Bitterness and Rage	9/12/13
Utilizing Cognitive Behavioral Therapy. . .	10/17/13
Cognitive Behavioral Therapy Applications. . .	11/14/13
Understanding Anxiety Disorders	12/4/13

I would like to attend:

- Grief is Hard Work on 7/25/13
 Making a Difference: The Art of Community Connecting on 8/29/13
 Anger Management: Prevention of Bitterness and Rage on 9/19/13
 Utilizing Cognitive Behavioral Therapy. . . on 10/24/13
 Cognitive Behavioral Therapy Applications. . . on 11/21/13
 Understanding Anxiety Disorders on 12/11/13

Total Due: _____

Name: _____

Address: _____

City, State, Zip: _____

Phone: _____

E-mail address: _____

Professional License Number: _____

Make check payable & mail to:

Epilepsy Foundation of Greater Cincinnati and Columbus
895 Central Ave., Suite 550
Cincinnati, OH 45202

For questions or information or to charge by phone call (513) 721-2905

Epilepsy Foundation of Greater Cincinnati and
Columbus
895 Central Avenue, Suite 550
Cincinnati, OH 45202

The Epilepsy Foundation of Greater Cincinnati and Columbus' Seminar Series:

"Grief is Hard Work"

Thursday, July 25, 2013

"Making a Difference: The Art of Community Connecting"

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"Utilizing Cognitive Behavioral Therapy (CBT) to Help Clients Improve Symptom Management"

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"Cognitive Behavioral Therapy Applications to Diverse Problems (Alcohol and Drug Abuse, Insomnia, Depression)"

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"Understanding Anxiety Disorders"

Wednesday, December 11, 2013

Seminar Location:

The Health Foundation of Greater Cincinnati Conference Center,
5th Floor
(in the Rookwood Tower)
For directions: www.healthfoundation.org

Please note: In the event of inclement weather, please be aware that The Health Foundation Conference Center is subject to closure. Please call the announcement line (513) 458-6627 the morning of the event if the weather and road conditions are questionable.