

- All seminars are from 9:00 am-12:30 pm
- Continental Breakfast and Registration from 8:30-9:00 am
- All seminars are worth 3 Continuing Education Units (CEUs)
- All seminars are held at the Interact for Health (formerly Health Foundation of Greater Cincinnati Conference Center in the Rookwood Tower)

**3805 Edwards Road, Suite 500 (5th Floor)  
Cincinnati, OH 45209**

**Directions:**

From I-71 North:

Take I-71 North to Exit 6 (State Route 561/Smith Road/Edwards Road). Take a right at the end of the ramp. The garage entrance for Rookwood Tower is on the right, after J. Alexander's and the entrance to Rookwood Commons.

From I-71 South:

Take I-71 South to Exit 6 (State Route 561/Smith Road/Edwards Road). Turn right at the end of the ramp. Take the first left onto Smith Road (this will become Edmondson Road just before the overpass). The garage entrance for Rookwood Tower is on the right, after J. Alexander's and the entrance to Rookwood Commons.

From I-75 North or I-75 South:

Take State Route 562 East via Exit 7 towards Norwood. Merge onto I-71 South, then follow above directions from I-71 South.

**Continuing Education Credit Available:**

- **Social Workers:** Approved for 3 CEUs; Provider #RCS059702.
- **Counselors:** Approved for 3 CEUs; Provider #RCS059702.
- **Nurses:** A continuing education activity that has been approved by other licensing boards will be accepted by the Ohio Board of Nursing for all nurses in the State of Ohio. You may use this continuing education to meet your licensure requirement.
- **Nursing Home Administrators:** 3 CEUs pending approval (We are a limited provider.) Application has been sent to BENHA.
- **Teachers:** You must take the seminar to your Local Professional Development Committee (LPDC) for credit approval.
- **Ohio Department of Developmental Disabilities:** 3 CPDUs pending approval. Application has been sent.

**“Methods and Models in Practice: A Creative Approach”**

Thursday, January 30, 2014

Speaker: Sandy Morgenthal Med, PCC,CCFC: *Clinical Counselor, The Professional Pastoral Counseling Institute*

About the Seminar: Sometimes a creative approach is helpful when getting clients to express their deepest feelings, issues and concerns. It is also very valuable to enlist new ways of getting to the bottom of what is disturbing employees and other team members. It is very useful to have a set of innovative counseling ideas with proven positive outcomes to fall back on when people get stuck or talking it out doesn't seem to be moving the a person along in their personal and professional life. This workshop will present ways of getting to strong, emotionally charged issues using methods that are creative and useful to counselors, social workers, marriage and family therapists, nurses, employers and managers.

**“The Physical and Psychosocial Effects of Hearing and Balance Disorders in the Elderly: What you Should Know”**

Thursday, February 27, 2014

Speaker: Dr. Robert Keith, Ph.D: *Adjunct Professor and Director of Audiology Dept. of Communication Sciences and Disorders*

About the Seminar: Hearing loss is the third most prevalent chronic condition in older adults, and it is the number one communicative disorders of the aged. According to the National Council on Aging, untreated hearing loss has serious emotional and social consequences for older persons who can lead to isolation and depression. In addition, 50% of all falls suffered by the elderly are the result of vestibular problems and half of the elderly people who fall do so repeatedly. These simple facts indicate the tremendous need for individuals, professionals, care givers and all who are in contact with persons over 65 years of age be informed about hearing and balance disorders in the elderly. This seminar will cover both type and degree of hearing and balance disorders, current intervention strategies, and interventions to both prevent and treat resulting psychosocial and emotional disorders. \*\*Course not offered for Counselor CEU's

**“Emotional Intelligence”**

Thursday, March 06, 2014

Speaker: Greg Hogg, LISW-S; LCDC III: *Trainer, Talbert House*

About the Seminar: What is Emotional Intelligence? Emotional Intelligence (EI) refers to the ability to perceive, control, and evaluate emotions in yourself and others. It is the subset of social intelligence that involves the ability to monitor one's own and others' feelings and emotions, to discriminate among them, and to use this information to guide one's thinking and actions. The ability to acknowledge and adequately express emotions is a crucial skill to obtain. This training will help understand the function and purpose of emotions in human beings. By understanding the purpose of emotions, one can learn to identify, understand, and appropriately express themselves in a way that encourages healthy relationships. This training will include skills to identify feelings within yourself and in others, as well as skills that will appropriately express them.

**“Understanding Substance Abuse and Helping Your Clients Cope”**

Thursday, April 24, 2014

Speaker: Emily Welling, MA; LPCC; CDCA: *founder of The Welling Group, LLC*

About the Seminar: This presentation will discuss substance abuse and how to identify, assess and treat those afflicted. It will cover the differences between alcohol abuse and dependence, the 10 warning signs of alcoholism and how decision making changes with different blood alcohol levels. The seminar will also cover the different classes of drugs. Different substance abuse assessments will be explained including the MAST (Michigan Alcoholism Assessment), the DAST (Drug Abuse Screening Test) and the CAGE assessment tools. The trainer will also go over various treatment modalities including the 12 steps of AA and symptoms of withdrawal. Family dynamics, co-dependency in the alcoholic family and triggers to substance abuse will be discussed. Lastly, coping skills will be discussed. Participants will leave this seminar with a better understanding of substance abuse and how to help.

**“Understanding the Role of Assistance and Therapy Animals in Society”**

Thursday, May 29, 2014

Speaker: Marlys Staley, MS, BA: *Founder of Circle Tail Inc.*

About the Seminar: This seminar is designed for health care providers and others who are interested in increasing their awareness of assistance dogs as health care options for people with disabilities and the use of therapy dogs to enhance the lives of those who are institutionalized or in health care settings. The role and applications of assistance and therapy dogs will be discussed. The Americans with Disabilities Act will be defined with the latest updates outlined. Participants will learn how to identify persons appropriate for using an assistance animal and how a therapy animal may improve the quality of health or life of individuals in their facility. This program will include lecture, demonstration, printed resource information and a question and answer session.

**“Motivational Interviewing: Introduction and Basic Skills: Part I”**

Thursday, June 26, 2014

Speaker: Greg Hogg, LISW-S; LCDC III: *Trainer, Talbert House*

About the Seminar: Motivational Interviewing (MI) is a collaborative, goal-oriented style of communication with particular attention to the language of change. It is designed to strengthen personal motivation for and commitment to a specific goal by eliciting and exploring the person's own reasons for change within an atmosphere of acceptance and compassion. The practice of motivational interviewing involves the skillful use of certain techniques and principles. This seminar will go over these techniques including OARS, which is a micro-counseling skills approach to MI. This seminar will go over the basics of MI and can be taken independently or taken with part II, which will be offered in July.

### Cancellation and Payment

Cancellation must occur at least 3 days before a workshop to receive a full refund. After that, if you are unable to attend, you will receive a credit good for a future workshop within the next seminar series, as long as you call by the same day as the seminar. In the event that a workshop is cancelled by the Epilepsy Foundation, you will receive a full refund or credit for a future workshop, whichever you desire. Payment is due prior to each seminar. Certificates will not be given until full payment is received.

### Fees

Registration fee includes education, CEU certificate, continental breakfast and all program materials. All seminars are \$50.00 and qualify for 3 CEUs. If you register and pay for 3 seminars by 1/24/14, you receive a 20% discount. (\$120/3). If you register and pay for 6 seminars by 1/24/14, you receive a 30% discount. (\$210/6).

**Registration Deadlines:** Please register at least 1 week before a seminar!

#### Registration Form:

	Register by:
Methods and Models in Practice: A Creative Approach	01/23/14
Hearing and Balance...	02/20/14
Emotional Intelligence	02/27/14
Understanding Substance Abuse...	04/17/14
Understanding the Role of Assistance and Therapy Animals ...	05/22/14
Motivational Interviewing...	06/19/14

I would like to attend:

- Methods and Models in Practice: A Creative Approach... on 01/30/14
- ... Hearing and Balance... on 02/27/14
- Emotional Intelligence on 3/6/14
- Understanding Substance Abuse and Helping your Clients Cope on 04/24/14
- ... Understanding the Role of Assistance and Therapy Animals in Society on 4/24/13
- Motivational Interviewing on 6/26/14

Total Due: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail address: \_\_\_\_\_

Professional License Number: \_\_\_\_\_

**Make check payable & mail to:**

**Epilepsy Foundation of Greater Cincinnati and Columbus**  
**895 Central Ave., Suite 550**  
**Cincinnati, OH 45202**  
**513-721-2905**

Epilepsy Foundation of Greater Cincinnati and Columbus  
 895 Central Avenue, Suite 550  
 Cincinnati, OH 45202

## The Epilepsy Foundation of Greater Cincinnati and Columbus Seminars:

**“Methods and Models in Practice: A Creative Approach”**

*Thursday, January 30, 2014*

**“The Physical and Psychosocial Effects of Hearing and Balance Disorders in the Elderly: What you Should Know”**

*Thursday, February 27, 2014*

**“Emotional Intelligence”**

*Thursday, March 06, 2014*

**“Understanding Substance Abuse and Helping Your Clients Cope”**

*Thursday, April 24, 2014*

**“Understanding the Role of Assistance and Therapy Animals in Society”**

*Thursday, May 29, 2014*

**“Motivational Interviewing: Introduction and Basic Skills: Part I”**

*Thursday, June 26, 2014*

Seminar Location:

The Health Foundation of Greater Cincinnati Conference Center,  
5th Floor

(in the Rookwood Tower)

For directions: [www.healthfoundation.org](http://www.healthfoundation.org)

Please note: In the event of inclement weather, please be aware that The Health Foundation Conference Center is subject to closure. Please call the announcement line (513) 458-6627 the morning of the event if the weather and road conditions are questionable.