

Art Therapy - 2021

Hey, Columbus! Epilepsy Alliance Ohio is proud to offer Art Therapy to adults with epilepsy. This unique program allows participants the opportunity to explore their creativity as a means to express themselves in an open, accepting and safe group setting. Art is a natural way to communicate, relieve tension and express emotions.

Participants will work with Ashley Skelly, LPCC-S, ATR a local licensed art therapist, using a variety of artistic media to open up about their individual experiences in epilepsy through visual expression.

Epilepsy Alliance Ohio will host six (6) Art Therapy sessions at the Dempsey Center at Riverside Methodist Hospital on:

- ◆ Saturday, September 25th, 9:00 am to Noon
- ◆ Saturday, October 9th, 9 am to Noon
- ◆ Saturday, October 23rd, 9 am to Noon
- ◆ Friday, November 5th, 6 pm to 9 pm
- ◆ Saturday, November 13th, 9 am to Noon
- ◆ Friday, November 19th, 6 pm to 9 pm

For more information and to register contact Karen Brown at kbrown@epilepsy-ohio.org or 614-725-1031. Seating is limited.

Epilepsy Alliance Ohio offers Art Therapy 2021 free to those living with epilepsy.

