

- All seminars are from 9:00 am-12:15pm with the exception of our October 25th seminar, which will be held in the afternoon from 1:00pm-4:15pm.
- Continental Breakfast and Registration from 8:30-9:00 am
- All seminars are worth 3 Continuing Education Units (CEUs)
- All seminars are held at the Interact for Health (formerly Health Foundation of Greater Cincinnati Conference Center in the Rookwood Tower)

**3805 Edwards Road, Suite 500 (5th Floor)  
Cincinnati, OH 45209**

**Directions:**

From I-71 North:

Take I-71 North to Exit 6 (State Route 561/Smith Road/Edwards Road).

Take a right at the end of the ramp. The garage entrance for Rookwood Tower is on the right, after J. Alexander's and the entrance to Rookwood Commons.

From I-71 South:

Take I-71 South to Exit 6 (State Route 561/Smith Road/Edwards Road).

Turn right at the end of the ramp. Take the first left onto Smith Road (this will become Edmondson Road just before the overpass). The garage entrance for Rookwood Tower is on the right, after J. Alexander's and the entrance to Rookwood Commons.

From I-75 North or I-75 South:

**Continuing Education Credit Available:**

**Social Workers:** All seminars are approved for 3 CEU's; Provider #RCSO31702

**Counselors:** All seminars are approved for 3 CEU's; Provider #RCSO31702

**Nursing Home Administrators:** 3 CEUs pending approval, application has been sent.

**Nurses:** A continuing education activity that has been approved by other licensing boards will be accepted by the Ohio Board of Nursing for all nurses in the State of Ohio. You may use this continuing education to meet your licensure requirement.

**Teachers:** You must take the seminar to your Local Professional Development Committee (LPDC) for credit approval.

**Ohio Department of Developmental Disabilities:** Pending approval, application has been sent.

### **"Conflict Resolution: A Search for Peace"**

**Thursday, August 30th, 2018**

**Speaker:** *Sandy Morgenthal MED, LPCC, CCFC, RN, Professional Clinical Counselor.*

**About the Seminar:** Conflict is a natural part of daily living.

Minor conflict weaves into the fabric of life so as to go unnoticed. Major conflict, however, is much more noticeable and tends to complicate our lives and our relationships. Without skills in managing conflict, it overwhelms people and defies resolution. This workshop will provide opportunities for attendees to more completely understand the nature of conflict and its benefits. The learner will also more fully comprehend the powerful, negative components of conflict that can disrupt or destroy relationships, both personal and professional.

### **"An Overview of Gottman's Approach to Making Relationships Work"**

**Thursday, September 27th, 2018**

**Speaker:** *Maggie Anderson, LPCC, CDCA*

**About the Seminar:** This seminar will provide an overview of John Gottman's extensive knowledge of how to help couples with their connection. Using John Gottman's well-known research in the relationship field, we will discuss how to understand what he has found as signs that often predict divorce in couples. As a result, he has developed guidelines for what successful couples do and how to apply this in working with couples to enhance their relationships, from learning to better communicate to deepening their overall connection. We will work through areas that Gottman suggests create disconnection, such as The Four Horsemen of the Apocalypse, as well as through his list of Seven Principles that Make Marriage Work, using examples, video clips and discussion to guide our learning.

### **"Understanding the Opioid Epidemic: Causes and Solutions"**

**Thursday, October 25th, 2018**

**1:00 PM-4:15 PM \*SPECIAL TIME\***

**Speaker:** *Nan Franks, M.A., LPC-S, LICDC-CS, CEO of the Addiction Services Council.*

**About the Seminar:** This presentation provides an opportunity to understand the "Why, How and What" of the current opioid epidemic. As tragic and overwhelming as it can seem, we can help end this epidemic. As we increase our knowledge and understanding, we will also identify ways that we can help turn the tide on this wave of use and death. We will address the obstacles to engaging with people struggling with addiction and their families, the role that stigma plays in preventing recovery and the challenge for the future.

### **"Understanding the Role of Assistance and Therapy Animals and How "Fake" Service Animals Impacts Those Who Really Need Them"**

**Thursday, November 29th, 2018**

**Speaker:** *Marlys Staley, MS, BA, CDT*

**About the Seminar:** This seminar is designed for health care providers and others who are interested in increasing their awareness of the variety of working dogs for people with disabilities in our society today. The roles of assistance and therapy dogs as well as emotional support animals will be discussed. The laws regarding the use of these various types of working dogs will be reviewed. With the ever increasing use of "fake" service dogs and emotional support animals in our community, we are seeing a negative impact on the use of legitimate assistance dogs. Participants will learn how to identify persons appropriate for using an assistance dog or emotional support animal and how a therapy animal may improve the quality of health or life of individuals.

### **"Understanding How Ambivalence Effects Behavior Change"**

**\*Special Day\* Tuesday, December 11th, 2018**

**Speaker:** *Kriss T. Haren MA, MS, MINT member, Registered Health Coach -III Collaborative Communication Consulting & Training Services Tipp City, OH*

**About the Seminar:** Change is usually something that people try to avoid, and yet it is a constant in life. Helping professionals are often tasked with assisting clients with behavior change. One of the main barriers to successful change is the normal human reaction to change, ambivalence or having mixed feelings about changing behavior. This interactive session is designed to introduce the concept of ambivalence as a normal reaction to change, and provide communication skills that are useful in working through ambivalence in a clinical setting so change can happen.

### Cancellation and Payment

Cancellation must occur at least 3 days before a workshop to receive a full refund. After that, if you are unable to attend, you will receive a credit good for a future workshop within the next seminar series, as long as you call by the same day as the seminar. In the event that a workshop is cancelled by the Epilepsy Foundation, you will receive a full refund or credit for a future workshop, whichever you desire. Payment is due prior to each seminar. Certificates will not be given until full payment is received.

### Fees

Registration fee includes education, CEU certificate, continental breakfast and all program materials. All seminars are \$60.00 and qualify for 3 CEUs. If you register and pay for 3 seminars by 8/23/18, you receive a \$30.00 discount. (\$150/3). If you register and pay for 6 seminars by 8/23/18, you receive a \$80.00 discount. (\$280/6).

**Registration Deadlines:** Please register at least 1 week before a seminar!

I would like to attend:

- Conflict Resolution: A Search for Peace on 8/30/18 (Register by 8/23)
- An Overview of Gottman's Approach...on 9/27/18(Register by 9/20)
- Understanding the Opioid Epidemic...on 10/25/18 (Register by 10/18)
- Understanding the Role of Assistance...on 11/29/18 (Register by 11/22)
- Understanding How Ambivalence Effects...on 12/11/18(Register by 12/04)

Mail this portion in with your payment:

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- Conflict Resolution: A Search for Peace on 8/30/18
  - An Overview of Gottman's Approach... on 9/27/18
  - Understanding the Opioid Epidemic...on 10/25/18
  - Understanding the Role of Assistance Animals...on 11/29/18
  - Understanding How Ambivalence Effects...on 12/11/18

Total Due: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail address: \_\_\_\_\_

Professional License Number: \_\_\_\_\_

Make check payable & mail to:

Epilepsy Alliance Ohio  
895 Central Ave., Suite 550  
Cincinnati, OH 45202  
513-721-2905

Epilepsy Alliance Ohio  
895 Central Avenue, Suite 550  
Cincinnati, OH 45202

## The Epilepsy Alliance Ohio Seminars:

### "Conflict Resolution: A Search for Peace"

Thursday, August 30th, 2018

### "An Overview of Gottman's Approach to Making Relationships Work"

Thursday, September 27th, 2018

### "Understanding the Opioid Epidemic: Causes and Solutions"

Thursday, October 25th, 2018

### "Understanding the Role of Assistance and Therapy Animals and How "Fake" Service Animals Impacts Those Who Really Need Them"

Thursday, November 29th, 2018

### "Understanding How Ambivalence Effects Behavior Change"

Tuesday, December 11th, 2018

Seminar Location:

Interact for Health, 5th Floor.  
(in the Rookwood Tower)

For directions: [www.healthfoundation.org](http://www.healthfoundation.org)

\*Please note: In the event of inclement weather, please be aware that The Interact for Health Conference Center is subject to closure. Please call the announcement line (513) 458-6627 the morning of the event if the weather and road conditions are questionable.

