

- All seminars are from 9:00 am-12:30 pm
- Continental Breakfast and Registration from 8:30-9:00 am
- All seminars are worth 3 Continuing Education Units (CEUs)
- All seminars are held at Interact for Health (formerly Health Foundation of Greater Cincinnati Conference Center—in the Rookwood Tower)

**3805 Edwards Road, Suite 500 (5th Floor)**

**Cincinnati, OH 45209**

**Directions:**

From I-71 North:

Take I-71 North to Exit 6 (State Route 561/Smith Road/Edwards Road). Take a right at the end of the ramp. The garage entrance for Rookwood Tower is on the right, after J. Alexander's and the entrance to Rookwood Commons.

From I-71 South:

Take I-71 South to Exit 6 (State Route 561/Smith Road/Edwards Road). Turn right at the end of the ramp. Take the first left onto Smith Road (this will become Edmondson Road just before the overpass). The garage entrance for Rookwood Tower is on the right, after J. Alexander's and the entrance to Rookwood Commons.

From I-75 North or I-75 South:

Take State Route 562 East via Exit 7 towards Norwood. Merge onto I-71 South, then follow above directions from I-71 South.

**Continuing Education Credit Available:**

**Social Workers:** Approved for 3 CEUs; Provider #RCS059702.

**Counselors:** Approved for 3 CEUs; Provider #RCS059702.

**Nurses:** A continuing education activity that has been approved by other licensing boards will be accepted by the Ohio Board of Nursing for all nurses in the State of Ohio. You may use this continuing education to meet your licensure requirement.

**Nursing Home Administrators:** 3 CEUs pending approval (We are a limited provider.) Application has been sent to BENHA.

**Teachers:** You must take the seminar to your Local Professional Development Committee (LPDC) for credit approval.

**Ohio Department of Developmental Disabilities:** 3 CPDUs pending approval. Application has been sent.

**“Motivational Interviewing: Part Two”**

Thursday, July 31, 2014

Speaker: Greg Hogg, LISW-S, LCDC III: *trainer at Talbert House Institute of Training and Development*

About the Seminar: Motivational Interviewing (MI) is a collaborative, goal-oriented style of communication with particular attention to the language of change. It is designed to strengthen personal motivation for and commitment to a specific goal by eliciting and exploring the person's own reasons for change. MI (part two) will present a brief overview of the Relational and Technical skills of Engagement Phase (MI part one), then move to skills to Focus to clarify the direction (goal), Evoking a person's change talk, and Planning a person's desired changes. This workshop will provide opportunities to learn through didactic learning and case scenarios and time to practice skills for the purpose of strengthening the person's motivation and commitment to change, which are predictors of behavioral change.

**“Ethical Documentation in Clinical Practice”**

Thursday, August 21, 2014

Speaker: Sandra Morgenthal, M.Ed., LPCC, CCFC, RN; *Professional Clinical Counselor, Clinical Supervisor, Clinically Certified Forensic Counselor and RN.*

About the Seminar: In today's world of litigation, managed care, and time-management crunches, counselors and social workers need a practical and principled approach to documentation. There is important information to consider about why we should document, what we should document, how we should document, etc. Documentation is, perhaps, one of the greatest struggles for many mental health professionals. The effort to protect the client's privileged information is the most significant challenge by what they write and the ability to find the time to complete documentation. This course is designed to help the clinician embrace the need for good record keeping for the purposes of ensuring continuity of care for the client. This important consideration in providing care to the clients plus the protection of the therapist are two aspects of documentation that promote the task as worthy of attention and effort.

**“Adult Attention Deficit Hyperactivity Disorder and Bipolar Disorder”**

Thursday, September 25, 2014

Speaker: Linda Pettit, MSN,MPHC-NS-BS; *Clinical Nurse Specialist in Psychiatric Mental Health Nursing*

About the Seminar: This seminar will present an overview of Adult Attention Deficit Hyperactivity Disorder (ADHD) and Bipolar Disorder including prevalence, symptom presentation and diagnostic criteria as defined by the DSM-5. Current scientific literature related to incidence and prevalence will be examined. Comparison of both disorders will identify similarities, differences and co morbidity. Treatment options will be discussed including pharmacologic and behavioral approaches with suggested resources for patients and families. Participants will be able to recognize and define symptoms of ADHD and bipolar disorder in adults and how to utilize scientific and evidence based practices for developing treatment plans.

**“Behavioral Addictions: Understanding Gambling, Pornography, Compulsive Shopping and Gaming Addictions”**

Thursday, October 23, 2014

Speaker: Dr. Chris Tuell, EdD, LPCC-S, LICDC; *Lindner Center of HOPE, Clinical Director of Addiction Services; University of Cincinnati Department of Counseling, Adjunct Professor, Addiction Studies*

About the Seminar: Behavioral addiction, much like substance addictions, is the habitual drive to continue an action even to the detriment of health and happiness. Individuals with behavioral addictions continue to repeat actions that are harmful to their bodies or to the happiness of those around them, often losing relationships, employment, and their overall health in the process. Each of these activities is practiced on some level by almost everyone, but they become addictions rather than recreation when it becomes an obsession that gets in the way of other healthy activities. Dr. Tuell's presentation will discuss the role of the addictive brain, and how the Internet contributes to the development of behavioral addictions. The current assessment and treatment strategies will be discussed, as well as a review of behavioral addiction research. Case studies will be presented with recent innovations in areas of assessment and treatment.

**“Don't Panic, It's just an Attack: Dealing with Panic Disorders and other Related Anxiety Disorders”**

Thursday, November 20, 2014

Speaker: Scott Osterfield, MA: *Community Outreach Coordinator for the Butler County Board of Developmental Disabilities*

About the Seminar: This workshop will examine the symptoms of a variety of anxiety related disorders and will then equip participants with strategies to help others cope. Tools to cope with anxiety will include a variety of cognitive-behavioral strategies, and the instructor will share his personal story of overcoming his own Panic Disorder. Participants will leave this seminar with a better understanding of anxiety and strategies to overcome it.

**“Crisis Intervention/Suicide Prevention ”**

Thursday, December 11, 2014

Speaker: Sandra Morgenthal M.Ed., LPCC, CCFC, RN; *Professional Clinical Counselor, Clinical Supervisor, Clinically Certified Forensic Counselor and RN.*

About the Seminar: With depression and anxiety rates still on the rise assessing suicide risk is increasingly important to clinicians. Having an agreement with the client, even in writing, is not sufficient to protect their safety. There are many variables to consider in determining suicide risk. This presentation will provide useful information to those who deal directly with clients suffering with one of several disorders that carry a significant suicide risk. The Duty to Warn will also be discussed and assessment strategies will be addressed. The need for consultation will also be presented.

### Cancellation and Payment

Cancellation must occur at least 3 days before a workshop to receive a full refund. After that, if you are unable to attend, you will receive a credit good for a future workshop within the next seminar series, as long as you call by the same day as the seminar. In the event that a workshop is cancelled by the Epilepsy Foundation, you will receive a full refund or credit for a future workshop, whichever you desire. Payment is due prior to each seminar. Certificates will not be given until full payment is received.

### Fees

Registration fee includes education, CEU certificate, continental breakfast and all program materials. All seminars are \$50.00 and qualify for 3 CEUs. If you register and pay for 3 seminars by 7/24/14, you receive a 20% discount. (\$120/3). If you register and pay for 6 seminars by 7/24/14, you receive a 30% discount. (\$210/6).

#### Registration Form:

#### Register by:

Motivational Interviewing: Part Two	07/24/14
Ethical Documentation In Clinical Practice	08/14/14
Adult ADHD and Bipolar Disorder	09/18/14
Behavioral Addictions...	10/16/14
Don't Panic, It's Just an Attack...	11/13/14
Crisis Intervention/Suicide Prevention	12/04/14

#### Registration Deadlines: Please register at least 1 week before a seminar!

I would like to attend:

- \_\_\_\_\_ Motivational Interviewing: Part Two... on 07/31/14
- \_\_\_\_\_ ... Ethical Documentation in Clinical Practice... on 08/21/14
- \_\_\_\_\_ Updates on Mood Disorders and ADHD on 09/25/14
- \_\_\_\_\_ Behavioral Addictions... on 10/23/14
- \_\_\_\_\_ ... Don't Panic, It's Just an Attack...on 11/20/14
- \_\_\_\_\_ Crisis Intervention/Suicide Prevention 12/11/14

Total Due: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail address: \_\_\_\_\_

Professional License Number: \_\_\_\_\_

**Make check payable & mail to:**

**Epilepsy Foundation of Greater Cincinnati and Columbus**

**895 Central Ave., Suite 550**

**Cincinnati, OH 45202**

**?s... 513-721-2905/877-804-2241**

Epilepsy Foundation of Greater Cincinnati and Columbus

895 Central Avenue, Suite 550

Cincinnati, OH 45202

## The Epilepsy Foundation of Greater Cincinnati and Columbus Seminars:

**“Motivational Interviewing: Part II”**

*Thursday, July 31, 2014*

**“Ethical Documentation in Clinical Practices”**

*Thursday, August 21, 2014*

**“Adult Attention Deficit Hyperactivity Disorder and Bipolar Disorder”**

*Thursday, September 25, 2014*

**“Behavioral Addictions: Understanding Gambling, Pornography, Compulsive Shopping & Gaming Addictions”**

*Thursday, October 23, 2014*

**“Don't Panic, It's Just an Attack: Dealing with Panic Disorders & Other Related Anxiety Disorders”**

*Thursday, November 20, 2014*

**“Crisis Intervention/Suicide Prevention ”**

*Thursday, December 11, 2014*

Seminar Location:

Interact for Health Center Conference Center (Formerly The Health Foundation of Greater Cincinnati Conference Center)

For directions: <https://www.interactforhealth.org/location-directions>

Please note: In the event of inclement weather, please be aware that The Health Foundation Conference Center is subject to closure. Please call the announcement line (513) 458-6627 the morning of the event if the weather and road conditions are questionable.